



To: FFVP Principals
From: Janet Celi, FFVP Coordinator
New Jersey Department of Agriculture
Subject: FFVP “Dos & Don’ts”



Do:

- ✓ Inspire teachers to provide nutrition education such as “A to Z” Fun Facts
 - ✓ Encourage teachers to taste fruits/veggies with students
- ✓ Advocate teachers to send home info. on FFVP snacks & recipes to try
 - ✓ Allow students to eat while doing activities at their desk
- ✓ Promote classroom discussions & surveys on likes & dislikes
 - ✓ Share with teachers the health benefits of FFVP
- ✓ Present FFVP in a positive atmosphere at a teachers’ meeting



Don’t:

- ✓ Allow students to take FFVP snack home
- ✓ Display negative attitudes about veggies
- ✓ Tolerate students expressing negativity about FFVP snack, especially veggies
“Don’t Yuk my Yum!”
 - ✓ Consent to teachers being negative about eating raw veggies that are commonly eaten cooked
- ✓ Withhold FFVP snack for disciplinary reasons